

The 12 mercury containing items in the picture are:

1 and 2: Paint cans.

Latex paint that was manufactured before 1990 contains a small amount of mercury. The mercury was added as a fungicide and to protect the paint from mildew. Some marine paints still contain mercury. Check the ingredients on the label.

3 and 4: Batteries.

Most major brand alkaline batteries no longer contain mercury. But batteries manufactured outside of the United States and Europe may still contain mercury. Almost all button cell batteries, used in watches and calculators, contain mercury.

5: Maze game.

Old maze games and labyrinth games used mercury as the "ball" that had to go through the maze.

6: Clothes iron.

Irons with safety features such as the auto-tilt shut off contain mercury. The mercury switch makes the electrical connection when upright and breaks the connection when the iron tips over.

7: Thermostat.

One of the most common household items containing mercury is the thermostat, round or rectangular. New digital and programmable thermostats are energy savers and do not contain mercury.

8 and 9: Fluorescent bulbs.

All fluorescent lamps contain mercury. These lamps are a great source of energy efficient lighting, but they need to be handled carefully. When the lamps break, mercury is released to the air.

10: Thermometer.

Thermometers are the most common mercury containing household item. Replace it before it breaks. Even small spills from thermometers need to be properly cleaned up. Digital thermometers work just as well.

11: Merthiolate and/or Mercurichrome skin antiseptic®.

Often found in the medicine cabinet for cuts and scrapes. Both contain mercury. Use substitute antibacterial ointments.

12: Blood pressure gauge.

Some gauges contain mercury, although the digital types do not.

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